



Sun Protection Policy

POLICY STATEMENT

Our service aims to ensure that all children balance the risk of skin cancer from excessive sun exposure with maintaining adequate vitamin D levels in children. We empower children to take responsibility for their own health and wellbeing (“My Time, Our Place – Outcome 3”). We aim to ensure that all children in attendance when UV forecast is 3 or above will be protected from the harmful rays of the sun. All staff will ensure that they wear appropriate sun protection and model the sun protection policy. We aspire to teaching all children sun protection strategies and monitoring their own implementation (“My Time Our Place – Outcome 4”).

CONSIDERATIONS

Education & Care Services National Regulations	National Quality Standard	Related Policies & Documentation	Other
R100-102, 168	Standards 2.3, 4.1	1. Enrolment & Orientation Policy (110)	1. My Time, Our Place.
R114, R100	Standards 2 Element 2.3.2 Standard 6 Element 6.3.2		1. Children (Education and Care Services National Law Application) Act 2016 2. WHS Act and regulations 2012 3. NSW Cancer Council

PROCEDURE

1. Programming of Activities

When the UV rating is 3 or above the following procedures will be implemented when programming activities:

- 1.1 When possible outdoor activities will be programmed outside of peak UV times or planned for shaded areas with sun protection used for all children.
- 1.2 During the non-day light savings period outdoor activities can take place at any time, as long as sun protection is used when UV index is 3 or above.
- 1.3 Sun exposure will be minimised when UV index is unknown.
- 1.4 UV Index and sun protection will be included in the risk assessment for all excursions and outdoor activities.
- 1.5 Sun protection practices will be modelled by all Educators while escorting children to and from school and any future excursions.

2. Shade

- 2.1 Programmed outdoor activities will be held in shaded areas whenever possible when the UV Index is 3 or above.
- 2.2 The service will identify shaded areas for various times of the day and year within the outdoor space and encourage these areas to the children.

3. Clothing

- 3.1 All Educators will wear protective clothing (sleeved shirts, hats and sun screen) when outside during periods of time when the UV index is 3 or above.
- 3.2 When outside children will be encouraged to wear sun appropriate clothing, i.e. sleeves, collars, covered neck line, sun-safe hats that protect face, neck and ears.
- 3.3 All Educators are required to wear tops with sleeves and collars or shirts that protect the neckline and appropriate shorts or pants.
- 3.4 During periods of time when the UV index is 3 or above, children who do not have a hat must play in sheltered areas.

4. Sunscreen

- 4.1 A minimum of 30+ SPF broad-spectrum water-resistant sunscreen will be available at the service at all times for children and Educators to use.
- 4.2 Educators will ensure that children are reminded (minimum of every 2 hours) to apply sunscreen prior to outdoor play.
- 4.3 Permission to apply sunscreen will be included in the Centre enrolment form. Educators will respect the parent/s' right to refuse authorisation to apply sunscreen however the children are required to wear appropriate clothing to play outside.

5. Role Modelling of Staff

- 5.1 Educators will model sun protection by practicing a combination of strategies (sun-safe hats, clothing, sunglasses, SPF 30+ broad-spectrum water-resistant sunscreen) when in attendance at the service.
- 5.2 Educators will use opportunities to discuss with children sun protection and demonstrate a positive and proactive approach to manage sun protection at the centre.

6. Collaboration with Children

- 6.1 Children will be encouraged to take on leadership roles in managing sun protection, i.e. assisting in the distribution on sun screen.
- 6.2 Children will be encouraged to access the internet to check UV ratings for the day and advise educators of the times when the UV Index is 3 or above.

7. Education & Information

- 7.1 The sun protection policy will be available for all families using the centre.
- 7.2 Children who have allergies or sensitivity to sun screen, parents are asked to provide an alternate sunscreen or the children will be encourage to play in the shade.
- 7.3 The centre will promote awareness, provide notices and posters about the topic from Cancer Council NSW as appropriate.
- 7.4 The UV rating poster will be updated daily and displayed on the board outside of the Centre as well as on the whiteboard inside the Centre.

ENDORSEMENT BY THE SERVICE

Date Approved by Director: ____ / ____ / ____

Signature of Approval by Director: _____

Date Approved by Management Committee: ____ / ____ / ____

Signature of Committee Representative: _____

Role of Committee Representative: _____

Date for Review: ____ / ____ / ____

